

For Maximum Protection and Comfort, Insert Triple-Flange Earplugs as Follows:

1. Using the seating device (lid of the carrying case), place the stem of the triple-flange earplug into the device's open end space.
2. Push and wiggle the plug into the ear canal until a seal is achieved.
3. The plug is properly fitted when the two flanges are in the canal and the third (last) flange is completely blocking the canal entrance.
4. When a good seal is not obtained, try a different size. Triple-flange plugs are available in three sizes: large, regular and small.
5. Without the seating device, make the ear canal accessible by reaching over your head with the opposite hand and pulling the ear up and out.
6. Grasp the plug by its stem and insert into the ear canal. Push and twist the plug toward the rear-center of your head until a seal is achieved by the third (last) flange.

